

Shaheed Rajpal DAV Public School, Dayanand Vihar, Delhi-110092

Dear Parents,

You will be glad to know that the school has started **Yoga Training Classes** under the guidance of specialized yoga trainer for students to prepare them for participation in competitive events. The Yoga trainer has represented India in World yoga Championship and won Gold Medal Twice in this competition. She has performed Yoga on the main stage in opening ceremony of Common Wealth Games.

The coaching will take place from 6.45 a.m. to 8.20 a.m. in the school premises.

Those students who are interested in joining this training programme must submit the proforma of consent to Mrs. Indra Sharma, Head of the Department, Physical Education. Final selection of the school team will be based on overall performance in the training session which will include self discipline, punctuality and regularity.

Parents are requested to provide healthy breakfast which the students can take after the coaching gets over at 8.20 a.m.

Students will come to be school on their own. Detailed instruction will be provided to the registered candidates by Mrs. Indra Sharma.

Your cooperation is solicited.

Regards

Principal

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CONSENT FORM

I _____ F/o / M/o _____ Class _____

allow my ward to join specialized yoga training in the school. I hereby declare that my ward who is medically fit to undergo Yoga Training and does not have any previous physical injury.

Signature: _____ Name: _____

Phone No. _____